**Atropine Ophthalmic Therapy for**

**Limiting the Progression of Childhood Myopia**

**Patient Information & Consent**

**Packet**

**Introduction**

Myopia (nearsightedness) is a condition that is associated with blurred vision at distance and with an increased risk for sight threatening conditions such as myopic macular degeneration, cataract, glaucoma, retinal holes and detachments. The use of Atropine in slowing down the progression of myopia was first reported in the 19th century.

Atropine is used around to world to reduce myopia progression and treat many eye conditions. It dilates the eyes and reduces the ability to focus up close. Side effects can include blurry vision at near and sensitivity to light, but these are typically much less common in children. The scientific explanation of atropine and its effects are discussed in the reference section.

**Program Fees**

The total fee for all services for one year is ***$725.*** This includes

* All evaluations before and after the starting of the atropine
* 1 *visual education* session in the beginning of the program
* Quarterly Myopia control visits to evaluate progress

Subsequent years: $415 to cover quarterly Myopia Control visits.

These do NOT includefilling atropine eye drops at a pharmacy. These cost approximately $200 to $300 per year.

**Consent to Treat**:

1. **Even though Atropine has been approved by the FDA for many uses, the use of Atropine specifically for myopia control has not specifically approved by the FDA. The use of a medication for purposes for which it is not intended is common practice in medicine. This is referred to as “off-label” use.**
2. In cases of emergency, please contact our office immediately at 813-792-0637 or text Dr. Bonilla-Warford at 813-469-2366.
3. All appointments must be kept as scheduled. If you are unable to keep an appointment, we strongly urge you to contact us at least 24 hours in advance if at all possible. In all cases, you must reschedule missed appointments.
4. An initial visit and follow up visits every 3 months are required to insure the treatment is working as planned
5. Other options exist to treat and slow the rate of progressive myopia. They include corneal reshaping therapy (Orthokeratology) and myopia stabilization multifocal contact lenses. Each modality has its own unique advantages, disadvantages, risks, and benefits. In some cases, Atropine therapy may be used in combination with these modalities.
6. The use of standard glasses or contact lenses can clear the blurred vision related to myopia but the use of such has not been shown to slow myopic progression and may actually contribute to it.

I, the undersigned, fully understand Atropine Therapy which has been explained by the doctor, staff member, and/or literature provided. I have been given the opportunity to ask any questions regarding Atropine ophthalmic therapy and I am satisfied with the answers provided.

I agree to enroll in the Atropine ophthalmic therapy program and understand and agree to all of the information indicated in this document.

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Patient Signature or Parent/Guardian Signature for minors Date

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Doctor Signature Date